



YOU HAVE A BIRTHRIGHT...HEALTH!
Informed Consent for Nutritional Consultation

The nutritional and biological regimens suggested in these consultations --- including foods, herbs, vitamins, juices, metabolics, etc., are not offered as cures for disease, but only as supportive measures in aiding the human body's own inherent healing energy and assisting mechanisms in rebuilding itself to a healthful foundation. You can allow the body to bring about the actual health potential by creating a favorable internal body environment. In achieving your birthright, persevere and be true to your wishes and goals.

These consultations are in no way intended to replace the treatments of my medical physician nor to substitute for his or her services. This is not a medical program and no drugs are prescribed. It is for educational purposes and should not be considered nor construed as medical treatment. This service does not diagnose medical ailments, but only assesses nutritional states, which can lead to unhealthful conditions. The consultations at the Southern California Institute of Clinical Nutrition will help determine which nutrients my body needs bolstered. All recommendations are designed to help me move towards my best state of health through personalized recommendations in lifestyle, exercise, health habits and advanced nutrition. I understand that the Southern California Institute of Clinical Nutrition does NOT diagnose, treat or claim to cure cancer or any other disease.

I have read this informed consent and understand it. I am not a minor (under the age of 18). Additionally, I am here on this day and any subsequent visit solely on my own behalf and not as an agent for federal, state, or local agency on a mission of entrapment or investigation.

SIGNED: _____ DATE: _____

PRINTED NAME

DATE: _____

Witness

Please note: This form must be signed, witnessed and dated.